

LITCHFIELD HILLS SURGERY CENTER

PATIENT CHECK LIST FOR SURGERY

Please bring this checklist along with all required documents when you arrive for surgery.

My surgery is scheduled for _____

Arrival time at the surgery center _____

Please do not eat or drink after 12 midnight the night prior to surgery.

The morning of your procedure, only take the medications you are instructed to by the surgery center with a sip of water.

Medications and Allergies: Please fill out the Medication Reconciliation List and bring it with you. *This form can be downloaded from our surgery web site www.lhoa.com. Please see "Day of Surgery" section for the form.*

Day of Surgery: Important Guidelines

- You may brush your teeth the morning of your surgery.
- You may bathe, but please do not use make-up, hair spray, toiletries or nail polish.
- Wear casual, loose-fitting clothing as you will change into a surgical gown.
 - For hand surgery patients, please wear something with large, flexible sleeves and remove any artificial nails.
 - For shoulder surgery patients, a loose fitting button up the front shirt is preferable.
- Please leave contact lenses at home. If that is not possible, please be sure to bring a storage case for them.
- Leave all jewelry and valuables at home. If you have body piercings, please remove before surgery. Otherwise, the Center will ask you to remove them.
- A responsible adult must be available to transport you to and from the center. Please note that a parent and/or guardian of a minor must remain in the building the entire time the minor is present.
- **Arrange for a ride home. A responsible adult must accompany you home since you will not be allowed to drive, use public transportation, or walk.**
- A responsible adult must stay with you for 24 hours after discharge from the surgery center.
- Once you arrive at the facility, you will be asked to complete necessary paperwork including permission to release information to your insurance company.
- Bring your insurance ID card.
- Bring a photo ID card such as a driver's license.
- If you have an advance directive, please bring a copy with you for your chart.
- If a co-pay, co-insurance or personal payment is due, please bring it with you. We accept cash, personal checks, VISA and MasterCard.
- If you have been given an assistive device such as sling, walker or crutches, please bring it with you the day of surgery.
- Please let us know if there are any cultural, ethnic or religious beliefs that may influence the type of care we provide for you.